**ITS** INSTITUTE OF TOURISM STUDIES
IN ACADEMIC AFFILIATION WITH THE
EMIRATES ACADEMY OF HOSPITALITY MANAGEMENT

# LONG ESSAY/DISSERTATION/MASTER THESIS – SUPERVISOR'S / TUTOR'S LOGBOOK

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| *Long essay or Dissertation Supervision Task* | |
| **Programme Name** | UG Dissertation Bachelors of Culinary Arts |
| **Dissertation Title** | **The advantages of adopting slow cooking methods in Michelin star restaurants.** |
| **Supervisor Name** | **Aaron Rizzo** |
| **Student Name** | **Karl Sammut** |
| **Student ITS Number** | **65243L** |

# Record of Meetings

| Meeting number | Date | Start Time | End Time | Duration | Main Points Discussed in Meeting / Online correspondence |
|---|---|---|---|---|---|
| 1 | 01.07.22 | 10:30 | 11:30 | 1 hour | To clarify the objectives, to set the introduction and start finding peer reviewed articles. Student was introduced on the template with guidelines and the marking grading criteria. A plan was sent to the student on the potential dates of the meetings. Ethics form needs to be approved by the Ethics committee within 3 weeks. |
| 2 | 01.08.22 | 12:30 | 13:45 | 1.15 hours | Literature review and introduction corrected; to critically analyse different authors, to start methodology, and analyse why other methods of data collection were not selected, and analyse why the survey and interviews were chosen; to start setting the questions of the survey according to the objectives and literature review. |
| 3 | 01.09.22 | 14:00 | 14:45 | 45 mins. | Methodology has been corrected, needs a sub chapter on ethics considerations, to start a pilot study of the survey and send to 8 individuals of Michelin |

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| | | | | | star chefs, and once anaylsed to send online in google surveys. To comment more on the target population and why such persons have been chosen.<br><br>To start compiling interview questions for 5 chefs of Michelin star restaurants in Malta. |
| 4 | 01.10.22 | 09:00 | 10:15 | 1.15 hours | Interview questions are set and have to be slightly adjusted according to the objectives and divided into themes. To justify the interviewees, and analyse how they will be interviewed and recorded and transcribed.  To send them consent forms.<br><br>To start the analysis of the survey using graphs as figures and include the response rate percentage globally and for the questions. |
| 5 | 01.11.22 | 11:00 | 12:00 | 1 hour | Corrected the analysis of the survey and the interview questions.  Consent forms have been sent and approved by interviewees.  To start the recommendations of the survey and triangulate with objectives and literature review |
| 6 | 01.12.22 | 12:00 | 13:00 | 1 hour | Interviews have been carried out, recorded and transcribed.  Survey recommendations corrected and well triangulated; To start the analysis for the interviews by doing a thematic analysis by compiling a table showing the responses of every interviewee. |
| 7 | 10.01.22 | 14:00 | 15:00 | 1 hour | Corrected the thematic analysis of the interviews, to start the recommendations of the interviews and triangulate with the objectives and literature review.<br><br>To start finalizing the conclusions with a final outcome and assess the usefulness of this dissertation.  Ensure that all objectives have been accomplished. (triangulation with literature review). |
| 8 | 10.03.22 | 15:00 | 16:00 | 1 hour | To set the references and the appendices (survey questions, interview questions and consent forms); |

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|  |  |  |  |  | **corrected all recommendations of survey and interviews. The final outcome looks good and useful for Michelin star restaurants in Malta.**<br><br>**Needs a last spell check. Final draft to be submitted in two weeks time . Once approved by supervisor, to be posted inTurnitin draft section and amend level of similarity percentage. Must wait from supervisor to give the go ahead to post in the final Turnitin by 30<sup>th</sup> April 2022.** |
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Supervisor's Signature

Date:   30..04.22

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Student's Signature

Date:   01.05.22